

CAREGIVER COMMUNITY SERVICES

- The Department of Aging is a good resource for community services available in the area:
- Suffolk County: 631-853-8200
- Nassau County: 516-227-8900
- Alzheimer's Association Long Island Chapter: Holds dozens of free, neighborhood-specific monthly support groups. In Nassau, they meet at libraries in Albertson, Great Neck, and Long Beach. In Suffolk, they host sessions in Bay Shore, Copiague, and Medford. Call their 24/7 hotline at **(800) 272-3900**.
- The Reichert Family Caregiver Center (Huntington Hospital): Offers a "Stay In Touch" program where professional caregiver coaches call you weekly or monthly to provide emotional coaching and resource matching. Call **(631) 760-2162**.
- Blumencranz Caregiver Center (North Shore University Hospital, Manhasset): Provides specialized clinical support groups, virtual Tai Chi, caregiver Reiki, and art therapy groups. Call **(516) 562-4750**.
- Gurwin Jewish Adult Day Health Program (Commack): Provides daytime caregiver relief alongside clinical nursing care, physical therapy, and social activities for the care recipient.
- 631-213-6821
- Day Haven (Ronkonkoma & Port Jefferson): Specializes in therapeutic day programs specifically designed for individuals with Alzheimer's or cognitive impairments.
- Ronkonkoma 631-585-2020
- Port Jefferson 631-476-9698 ext.213
- THE VETERAN SERVICES:
631-444-8759